



# ONKWARIWA'SHON:'A



The Issues and Business Affairs of Today, Which Affect Our People

## ENVIRONMENT SPECIAL

NEWSLETTER OF THE MOHAWK COUNCIL OF KAHNAWÁ:KE



## GOING / ENTEWATE'NIKÓN:RARE GREEN / TSI IOHONTSA:TE

This Special Edition on the Environment is dedicated entirely to Entewate'nikón:rare tsi iohontsa:te (Going Green). During the summer, barbecues and outdoor parties are not uncommon. Air conditioners, pools and water become a necessity with the blazing weather. What can we do to keep cool, have fun and consume less? Well, read on...

### A GLANCE AT THIS ISSUE

**Green Tips**

**Waste Reduction**

**Refuse, Reduce, Reuse, Recycle**

**Going Green**

### ENTEWATE'NIKÓN:RARE TSI IOHONTSA:TE GOING GREEN



'Going green' seems to be everywhere you look these days - television, magazines, even the grocery store. Those who 'are green' set the perfect example, while others may not have a clue where to begin.

What can you do to help the Environment? Start looking for products or services that are recycled or of

post-consumer content. Make these changes in your home and office. Reduce the amount of waste you create.

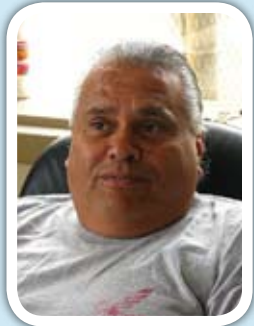
This newsletter is a great resource to begin the 'greenifying' process. Besides being helpful, this newsletter has 'gone green' by being printed on 100% post-consumer paper and by reducing the amount of pages! So read on, the rest is up to you.



## WHAT A WASTE!

## HA:KE NIWATIESÁHTON!

## WATSTÁHSHION, SÓTSI KEN É:SO ÍSI' IEIONKWÁTIE'S WASTE, HOW MUCH IS TOO MUCH?



**Bryant Leborgne**

Most (if not almost all) community members have access to door-to-door garbage pickup, yet they still use the Transfer Depot to dispose of their household waste. This duplication is a huge expense for the Kahnawà:ke Environment

Protection Office, and in turn, for the whole community as these funds could be spent elsewhere. Bryant

Leborgne, caretaker at the Transfer Depot suggests that community members be charged to drop off material at the Depot. "Charge them", he says. "People call it a tax but it really is not. It is just a way of stopping this duplication of services."

The Transfer Depot is a service made available to community members not receiving door-to-door pickup or for disposal of large household items. Local businesses or contractors are not to use this service.



## KÁ:RON SEWATIÉ:SAT WASTE REDUCTION

### WHAT IS WASTE?

Historically, the definition of waste according to Webster's 1913 Dictionary was: "lying unused; unproductive; worthless; valueless; refuse; rejected". Today, the Oxford English Dictionary defines waste as: "eliminated or discarded as no longer useful or required".



### WHY WASTE REDUCTION?

If we can reduce the amount of waste that is produced in the first instance, we are conserving resources and limiting the need to reuse or recycle.

For waste to decompose in a healthy environment, it requires air and water. These are not present deep in landfills. As the waste slowly decomposes and reacts with its surroundings, it can produce a leachate which may end up in our groundwater system, also creating greenhouse gases such as methane and carbon dioxide.

## Refuse Reduce Reuse Recycle

### WHAT CAN I DO?

Start practicing the 4Rs in everyday life. Think about how you can Refuse, Reduce, Reuse or Recycle your waste to turn it into a resource. When you **refuse making waste** in the first place, you don't have to worry about reusing it or recycling it later.

# THE 4 R'S

KÁ:RON NÍ:KON NE WATSTÁHSHION, ENSEWÁTSTON, SEWÁTSTON  
REFUSE, REDUCE, REUSE, RECYCLE



## REFUSING

- Refuse to buy over-packaged, cheap, or disposable items
- If you don't need it, don't buy it



## REDUCING

### At work or school:

- Reduce paper use by using both sides
- Pack your lunch in reusable containers
- Purchase products with recycled content

### When shopping:

- Avoid food packaged in individual servings
- Buy drinks in refillable containers
- use your own cloth bags to carry groceries



## REUSING

- Purchase durable products that can be repaired and reused.
- Frequent charity shops or yard sales.
- Reuse jars and containers for storage.
- Donate used computer equipment to schools, churches or other charity organizations.
- When shopping, consider buying used or refurbished items



## RECYCLING

- Recycle composting food scraps, leaves and yard trimmings.
- Separating items for recycling at work can save money in disposal costs.
- At home, use the recycling services provided by your community

As a community, encourage your neighbors and friends to do the same.

## FOR MORE INFORMATION

Call the Kahnawà:ke Environment Protection Office at (450) 635-0600 if you would like more information on these issues. They are always available and happy to help when it comes to the Environment!

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**ONKWARIWA'SHON:'A**

Through this publication, the Mohawk Council of Kahnawá:ke seeks to promote awareness and dialogue by informing the community on its activities and by analyzing the important issues affecting Kahnawá:ke.

The editorials serve to provide a forum for commentary from the Mohawk Council and/or its staff, while serving as a catalyst for community input. The editorial views expressed are the sole responsibility of the author, and may not represent those of the MCK or those of the editorial staff. Please direct all correspondence to the Communications Department.

A digital version of this publication are available on [www.kahnawake.com](http://www.kahnawake.com). (Click on the 'News' Tab, then Onkwariwa'shon:'a")

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**TSI NAEŞEWÁ:IERE NE  
AIESEWA'NIKON:RARAKE TSI  
IOHONTSA:TE  
GREEN TIPS**

- The comics page from the newspaper makes for a great gift wrap. The Sunday color comic page is great for special occasions.

- Instead of using plastic stir sticks for your beverages (coffee or others), put in the milk or sugar first, then add the coffee or use a reusable spoon.



- Use an electric timer on hot water heaters and pool filters. Setting it on a regular schedule will still keep the water warm, or pool clean, without using as much electricity.

- To save on ink when printing, click on Preferences, then the Paper/Quality tab, then on Draft. This setting uses less ink, while keeping your document readable.

- To save on paper, simply print on both sides of the page when printing multiple pages.

- Every moment you spend idling your car's engine means time spent needlessly wasting gas, as well as rougher wear on your vehicle.



- Bump up your A/C a few degrees or push down your heater a few degrees. 69 degrees is nice and chilly in August, but you can also live at 73 degrees. Use ceiling fans whenever and wherever you can - they distribute air more efficiently.



- Don't leave the water running while you brush your teeth.

- Close your curtains - heat and cool air loss from older windows can be substantial. Also, the sun beating in the windows will warm the house and cause the a/c to come on and work harder.

