



PUBLIC SAFETY DIVISION ANNOUNCEMENT

Suggested Media

Instructions:

Please run at your discretion.

Media Inquiries:

MCKmedia@mck.ca

Mohawk Council of Kahnawà:ke

Kahnawà:ke Mohawk
Territory
P.O. Box 720
J0L 1B0

Tel: (450) 632-7500

Fax: (450) 638-5958

*As per the MCK
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all media requests must be
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Relations / Communications
Unit*

Heat warning issued

For immediate release

(Kahnawake – 23, Ohiarí:ha/June 2025)

The Public Safety Division of the Mohawk Council of Kahnawà:ke is advising the community that Environment Canada has issued a Heat Warning in our area due to dangerously high temperatures expected over the next few days.

Humidex values are expected to exceed 40°C, beginning today and lasting through to tomorrow. Daytime temperatures will range from 30°C to 35°C (86°F to 95°F), with little overnight relief.

With temperatures soaring, it's important to take precautions to stay safe. Drink plenty of water throughout the day—even before you feel thirsty. Avoid strenuous outdoor activities during peak heat hours and, when possible, stay in air-conditioned or cool indoor spaces.

Certain groups are more vulnerable during extreme heat, including infants and young children, pregnant women, elderly individuals, people with chronic health conditions, and those who work outdoors. Please check in on loved ones who may be at greater risk.

Be aware of the signs of heat exhaustion, which can include:

- Hot, red skin (with or without sweating)
- A high body temperature (up to 40.5°C / 105°F)
- Dizziness, nausea, or confusion

If you notice any of these symptoms, take immediate action: move the person to a cool place, apply cold compresses or wet cloths, and call for medical help if the condition worsens. Using cool water, fans, or air conditioning can help lower body temperature quickly.

For more information, please contact the Public Safety Division at publicsafety@mck.ca. For emergencies, please contact Peacekeepers **450-632-6505**.